

## Upcoming Coach and Club Education Courses

(Updated – 6<sup>th</sup> June 2012)



## Coach Education – Recommended Minimum Standards Courses

**Safeguarding and Protecting Children (scUK).** To help protect yourself, the young people you are coaching by understanding and following good coaching practice. Learn about child abuse and how to handle situations if you have concerns.

Date	Time	Venue	Cost	Course Organiser
Tues 19 <sup>th</sup> June	6.30 – 9.30pm	Cleckheaton Sports Club, Cleckheaton	£28	West Yorkshire Sport
Mon 25 <sup>th</sup> June	6.00 – 9.00pm	Leeds Metropolitan University, Headingley Campus	£35	Carnegie Coach Education
Tues 24 <sup>th</sup> July	6.00 – 9.00pm	Leeds Metropolitan University, Headingley Campus	£35	Carnegie Coach Education

## First Aid Courses

**Emergency First Aid / Fundamentals of First Aid / Community First Aid (3 hour).** An intensive first aid course designed to provide basic life support and first aid techniques.

Date	Time	Venue	Cost	Course Organiser
Mon 18 <sup>th</sup> June	Afternoon	Carnegie Stand, Headingley Carnegie Stadium	£45	Carnegie Coach Education
Mon 18 <sup>th</sup> June	Evening	Carnegie Stand, Headingley Carnegie Stadium	£45	Carnegie Coach Education
Thur 19 <sup>th</sup> July	Afternoon	Carnegie Stand, Headingley Carnegie Stadium	£45	Carnegie Coach Education
Thur 19 <sup>th</sup> July	Evening	Carnegie Stand, Headingley Carnegie Stadium	£45	Carnegie Coach Education

**First Aid for Sport / Sport Emergency Aid (6 hour/1 day).** This course is designed to train individuals in both theoretical and practical aspects of First Aid in a sporting environment. Ideal for those involved in sporting activities such as a referee, coach or player.

Date	Time	Venue	Cost	Course Organiser
Sat 16 <sup>th</sup> June	All Day	Carnegie Stand, Headingley Carnegie Stadium	£60	Carnegie Coach Education

**Pediatric First Aid (2 days).** Designed to train candidates in both theoretical and practical aspects of First Aid for those involved in caring for children and babies. This course meets the requirements of the Early Years Foundation Stage, Ofsted standard.

Date	Time	Venue	Cost	Course Organiser
Tues 12 <sup>th</sup> & Wed 13 <sup>th</sup> June	All day	Carnegie Stand, Headingley Carnegie Stadium	£95	Carnegie Coach Education

For details of HSE Approved First Aid at Work / Refresher courses please see our Coaching Calendar on [www.coachingwy.co.uk](http://www.coachingwy.co.uk)

## Club Support Courses

**Small Grants programme (Running Sport).** This workshop will help you to ensure your club has the best possible chance of making a successful application to this Sport England funding programme.

Date	Time	Venue	Cost	Course Organiser
Thur 12 <sup>th</sup> July	6.30 – 9.30pm	Cleckheaton Sports Club, Cleckheaton	£30	West Yorkshire Sport

**Community Amateur Sports Club (CASC).** This workshop will help clubs understand the financial benefits available as a CASC and move towards applying for this status.

Date	Time	Venue	Cost	Course Organiser
Mon 9 <sup>th</sup> July	6.30 – 9.30pm	Cleckheaton Sports Club, Cleckheaton	£30	West Yorkshire Sport

## Other Coach Education Courses

**Yorkshire & Humber Talent Coach Breakfast.** Join fellow [UKCC Level 3 coaches](#) (or those working towards it) to listen to recognised experts and share your coaching insights. Coaches should be working with athletes / players / teams of county / regional standard of performance.

Date	Time	Topic	Venue	Cost	Organiser
Tues 17 <sup>th</sup> July	8.30am	Developing Resilience and Mental Toughness	Lewis Jones Suite, Headingley Carnegie Stadium, Leeds	Free (usually £10)	West Yorkshire Sport
Tues 4 <sup>th</sup> Sept	8:30am	Adherence – The Power of Athlete 'Buy In'	EIS, Sheffield	Free (usually £10)	Book via WY Sport

**Coping with Anxiety.** The course will include practical activities that you can learn, practice and use in either your own performance or to improve the performance of others. These practical techniques are well-researched and tested methods to cope with anxiety that you will be able to practice at any level of sport.

Date	Time	Venue	Cost	Course Organiser
Thur 14 <sup>th</sup> June	6.30-9.30pm	Leeds Trinity University College	£15	West Yorkshire Sport

**Fitness Assessment for Team Sports or Field Situations.** This course will examine a range of simple yet accurate physiological tests available that can be used to monitor training and maximise performance in a field or team setting.

Date	Time	Venue	Cost	Course Organiser
Thur 5 <sup>th</sup> July	6.30-9.30pm	Leeds Trinity University College	£15	West Yorkshire Sport

## How to Book

Course Organiser	Bookings	Enquiries
Carnegie Coach Education (Leeds Met)	<a href="http://www.leedsmet.ac.uk/sport/CPDPackages.htm">www.leedsmet.ac.uk/sport/CPDPackages.htm</a> <a href="https://onlinestore.leedsmet.ac.uk/">https://onlinestore.leedsmet.ac.uk/</a>	0113 812 7437
University of Leeds	<a href="https://store.leeds.ac.uk/">https://store.leeds.ac.uk/</a>	0113 343 8595
West Yorkshire Sport	<a href="http://www.coachingwy.co.uk/apply/events">www.coachingwy.co.uk/apply/events</a>	0113 939 9950
Calderdale Council	<a href="mailto:dawn.treanor@calderdale.gov.uk">dawn.treanor@calderdale.gov.uk</a>	01422 264742
Kirklees Council	<a href="mailto:maureen.holroyd@kirklees.gov.uk">maureen.holroyd@kirklees.gov.uk</a> **reduced price courses are prioritised to Kirklees residents / clubs	01484 234098
Leeds City Council	<a href="mailto:leeds.lifesaving@leeds.gov.uk">leeds.lifesaving@leeds.gov.uk</a>	0113 247 5243 / 0113 395 0001
Leeds Trinity University College	<a href="mailto:s.king@leedstrinity.ac.uk">s.king@leedstrinity.ac.uk</a>	0113 283 7274

Alternatively, for further details of these courses and how to book, visit [www.coachingwy.co.uk](http://www.coachingwy.co.uk) and go to the **course calendar**. This is the only comprehensive calendar of Coach and Club Education courses running in West Yorkshire, including the dates of future course and details of other coaching courses and events.

## Can't find the course you are looking for?

Try our new system that allows you to register interest in the workshop you want. Here's how it works:

1. Register or log on to [www.coachingwy.co.uk](http://www.coachingwy.co.uk)
2. On your homepage, go to the **Course Availability** section
3. Register your interest in the course you want, the venues you can attend and the days of the week you are available
4. When there is sufficient demand, we arrange the course and contact you with the details so you can book your place.

**West Yorkshire Sport** can also arrange Sports Coach UK or Running Sport workshops or First Aid courses for clubs, leagues and other organisations at your own venue. Contact West Yorkshire Sport on [wys.admin@wysport.co.uk](mailto:wys.admin@wysport.co.uk) or 0113 939 9950 for further details.